

# Need A Boost Today?

Print this sheet, tape it to your wall and read each line 3 times!!

**I am great at trying new things!**

**It is important for me to try my best!**

**I am always learning and growing!**

**I can achieve anything I put my mind to!**

**Practice makes me better at hard things!**

**I did my best today and will do better tomorrow!**

**My superpower is being me!**